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POLIOMYELITIS.

By Elizabeth R. Miller.

Graduate of the Children's Homœopathic Hospital, Philadelphia.

There are few diseases that have as pathetic sequelæ as poliomyelitis, a disease about the essentials of which physicians are still in the dark.

It is only within recent years that the disease is known to be a transmissible one, and only very recently that so much is being done to combat the paralysis following, for it is undoubtedly the early diagnosis with intelligent and early treatment that is giving such gratifying results.

Physicians in general, and pathologists in particular, alarmed at the appalling amount of cases recently recorded, particularly in Pennsylvania, are bending every effort to find the cause and prevent the spread of this truly horrible disease. A recent article in the *Journal of the American Medical Association** gives us some valuable information. The general rules for disinfection should apply to this disease, at least until more is known of its cause, for where so much suffering and disability are involved, surely one cannot be too careful.

As it is difficult to find nurses who have had experience in nursing patients ill with the disease, a recent experience might be of value. Even physicians of years of practice are having their first case, or are watching the progress of another's.

My first case in the acute stage was a patient I attended about four years ago, when it was first called a germ disease. This was a child of twenty-two months, the attack a very severe one presenting marked cerebral symptoms and a left hemiplegia. The child died, although antitoxin had been administered.

It was while nursing a case of typhoid fever in one of our mountain summer resorts, that the attending physician informed me that he had a case of poliomyelitis. He was particularly distressed as it was a very severe case, and was the child of very intimate friends of his. Too much credit cannot be given the physician in attendance for his quick diagnosis (it was his first case) and his intelligent treatment, and to the mother for her exceptionally good care of her boy.

It was after the acute stage had passed and the time had arrived when systematic treatment be given the muscles that I was transferred to the case, my duty being to give massage and electricity. One of the worst phases of the disease is the soreness of the muscles, the slightest touch causing the most excruciating pain, so it is easily seen why the child dreads any motion or manipulation, thus seriously handicapping the nurse.

Children live only in the present, the future does not concern them, so one must first win their confidence, the first few treatments must be of the simplest

kind, causing as little pain as is possible, gradually, as the confidence is gained, advancing to the more severe treatment. The child in question, a boy of twelve, had an exceptionally severe attack, with an unusual amount of soreness—the hand could not be turned or the fingers lifted without making him cry. One must remember that one is not handling a simple case of paralysis, where the patient can be rolled to any position and held in place by cushions. It was impossible to turn the boy to the side as it meant pressure on some sore spot, the arm or leg a fraction of an inch awry, will give the acutest pain.

A nurse in such a case has occasion to use every art of which she is capable. In turning the boy, an ordinary bed pillow was used, adjusted close to the side, the upper edge coming to the shoulders, the opposite side was grasped firmly at shoulder and hip, and a quick turn made so that he was flat on the pillow. Arms and legs were straightened, head turned to one side, a roll placed under the feet to relieve the pressure on the toes.

The back can then easily be rubbed and pressure on those parts relieved. In making the turn to the back, the pillow is again grasped by the edges, the patient gently pulled to the edge of the bed, then reversed, presto, he is again on his back. As soon as possible a cot was put up downstairs. He was laid on a bolster, with his father to carry him and someone to hold up the feet, the transfer was accomplished with little discomfort.

The morning treatment was given in mid-morning, a nap or at least a rest taken, dinner at 12.30 or 1 p.m., then a transfer was made to a much be-pillowed armchair, on which he was pulled to the porch, where he spent the rest of the day.

A very light supper was the rule. I read to him till treatment time, and then he was again carried upstairs, where the windows were always open.

The nurse displays not only tact, but her real ability in the manner in which she approaches the child, and thus gains or loses the confidence of the patient and family. If one has had the dentist hit a jumping nerve in an aching tooth, one can the more readily grasp the child's point of view and be duly considerate. There are two extremes to be avoided, false sympathy and harshness, one is as injurious as the other. A child cries easily and one must learn to discriminate between real and bogus pain, for they are quick to know the weak places and "work" either the nurse or parents.

This boy cried very easily, so in beginning treatment I told him not to cry, but when the sore places were reached to say "stop," quickly, and I would then pass on to the less sensitive places. It was thus I began carefully, slowly, gaining a little very day, until a more general and deeper massage was given. The same rule applies to the electricity, as it is really those first few treatments that are the arbiters of a nurse's success.

Then at first the mother sat by the bed and talked and encouraged, later, when moved downstairs, we had the evening concerts while treatment was going on, all joining in, thus diverting his mind and making the hurt less in evidence.

The parents can be of much help to the nurse for if they not only grasp the fact themselves, but help the child to grasp it, that a certain amount of hurting is necessary, but that it will be made as light as possible, they can be of inestimable value.

The massage at first should be very light, consisting mostly of stroking, gradually the deeper muscles can be manipulated, but too much cannot be said against heavy shoulder movements and twisting the muscles, as they do no good and are exceedingly painful. The patient must be encouraged to help as much as possible in the use of extensors and flexors, no amount of manipulation can take the place of motion from headquarters. Extreme and harsh methods cannot be too strongly condemned. Children are usually very amenable to reason, and the nurse who gives treatment so severe as to occasion two people to hold the child in place, is little short of brutal. One cannot handle such a patient, or give even the lightest treatment without some pain, but gradually this is reduced to a minimum, and finally entirely disappears.

I found that by making much of each little improvement, calling the mother in to see how much better the arm could be moved, or the back arched, or an erstwhile sore spot touched without pain, again in the evening telling the father of the wonderful improvement, the twist of the arm was a wonderful feat; all these were immense helps and made the child willing to do more. Then he was not allowed to be a baby, he was a man in the making, must be considerate of his mother and the nurse, was not allowed to speak disrespectfully; in other words, his infirmities were no excuse for ungentlemanly conduct. After five weeks of treatment the boy was able to stand alone, and after I had left the case I heard that he could walk, by pushing a chair in front of him, which, considering the extent of the paralysis and the extreme soreness of the muscles, is little short of wonderful.

Guard against unnecessary fatigue or hurting. Make all movements quickly and deftly. Consult the patient as to what angle is least painful. Be patient, but firm. Do not hesitate to reward or praise, likewise to entertain. These, and more, will a skillful and gentle nurse do, and success is sure, for we no longer consider the paralysis permanent.

Mild and simple calisthenics should be started as soon as possible, improvement must follow improvement, and gradually the disused muscles brought into play.

It seems like discouraging work, it requires infinite tact, unbounded patience, skill, and gentleness, with a knowledge of how to make the weary hours go by quickly; a game of checkers, of parchesi, the reading of entertaining and instructive books—avoid sensational literature as one would the plague—but what conscientious nurse, having a real love of service, would not be willing to stand the test, to help these poor afflicted children, literally, to help "to make the lame to walk."—*The American Journal of Nursing.*

We expected to publish a report of the special meeting of the Graduate Nurses' Association of Ontario held December 30, 1910, in this number. The report is not yet ready, so it will appear in the March Number.

THE LADY STANLEY INSTITUTE "COURT OF HONOR."

My inauguration of the system here was based on the knowledge of its having been an acknowledged success in McDonald College, St. Anne de Bellevue, Que., where all pupils are under a system of self-government. Last Christmas I obtained some knowledge of their self-governing system, and later on by the kindness of Mrs. Mildrew, House Mother of the College, obtained full particulars. I became intensely interested in this system of control, not only because of its presenting a feature of progressiveness along the lines of discipline, but because of its departure from antiquated and morbid ideas regarding what constitutes discipline, especially the discipline of Training Schools for Nurses, which though not resembling that of juvenile schools to the extent of cat-tails and flogging possesses features that might better be eliminated in consideration of the fact that pupils in a Training School for Nurses, according to regulation, must be of mature years, and possessing the highest motives, and to whose honor such an appeal as this system of self-government embodies, must call forth the desired response. Therefore, after mature consideration of the pros. and cons. of establishing this system here, I ultimately decided to give it a test, notwithstanding the difficulties to its better regulating in the necessity of pupils moving from one department to another, the term of night duty, the continuous arrival of new probationers, and the departure of those graduated, at irregular intervals. However, some of these difficulties may be surmounted by a patient working out of the plan. Our Court of Honor was organized on the 14th of October last, when all the pupils were made members of the Club. An explanatory address was made, embracing the object and method of this system following which the rules and regulations of the Training School were read. After the reading of the Constitution officers were elected in accordance.

Constitution of the Court of Honor.

1. The Court of Honor shall consist of all nurses resident in The Lady Stanley Institute.

2. The purpose of the Court of Honor shall be the loyal maintenance and observance of becoming conduct, and of the Training School rules and regulations by each individual nurse, and by the nurses as a body. To make them self-governing responsible individuals of the school, dependent upon themselves for the maintenance of all that is just, and in keeping with standard requirements. To broaden their field of interest, and cultivate their perception of the necessity of law and order that they may be governed by their own conscience and knowledge of right and wrong. To stimulate and cultivate the growth of self-reliance, self-respect, self-denial, responsibility, truth and charity as in honor bound.

3. The Court shall meet once a month, 8 p.m., first Friday in each month, to elect officers who shall constitute the Executive Committee, and Committee of Appeal, and conference. These shall hold office until their successors are chosen.

4. (a) The officers shall consist of a President—chosen from the Senior class. A Secretary—chosen by the Executive from among its members, and representatives from each corridor in the Institute—two on each floor.

(b) One Representative or Proctor, as she is called, from each floor, shall retire from office each month.

5. (a) The Executive Committee shall have general oversight of the conduct of all members.

(b) It shall deal with all reported violations of the school rules and regulations, which can be properly dealt with by the student body; and

(c) Its decision shall be final—with this protection: that every pupil shall have the right to appeal to the Court of Appeal and Conference.

6. There shall be a Court of Appeal and Conference, composed of the Superintendent of Nurses—in her absence of the Assistant Superintendent—together with the President and Secretary of the Court of Honor.

7. The members of the Executive Committee are considered to be always on vigilance duty, excepting when ill or absent. For such period when off active duty, the member concerned shall, with the concurrence of the President, appoint a substitute without herself being fully relieved of responsibility.

8. (a) The minutes of every meeting shall be kept by the Secretary and read at the following meeting, and all records shall be preserved.

(b) Only members of the Executive Committee shall be admitted to the meetings of the Executive Committee—excepting on occasion of a report being made by a non-member or by invitation of the President.

(c) All matters of business such as the making of motions and the sending of official notices shall be decided by the majority vote.

9. (a) The ex-Presidents of the Court of Honor shall be ex-officio members of the Executive Committee with full powers and privileges, and may be invited to the Executive meetings.

(b) The term of office of President shall be two months. The term of office of Representative shall be two months.

10. Upon request of the Executive Committee a joint meeting shall be held by the Court of Appeal and Conference, and the Executive Committee.

11. Amendments to the Constitution of the Court of Honor can be made by a two-thirds vote of the members present, at a meeting of the Court of Honor in general sessions. A special meeting to be called for the purpose and held after two days' notice, with a copy of the proposed amendment, which has been posted, together with a notice of the meeting.

12. Notice of the regular monthly meetings, and special meetings of the Executive shall be bulletined at least twenty-four hours in advance.

13. All reports of misconduct and violation of rules shall be made to the President, who shall instruct the Secretary to notify the guilty member to appear before the Court at a specified time.

14. Representatives of Second Floor shall each in turn act as door sentinel after 10 o'clock p.m.

15. Members and officers shall be alike liable for penalty, and may at any time be reported by any officer or member of the Club for violations of its rules.

AMENDMENTS.

16. The members shall pay a monthly fee of five cents, to be used for the purpose of providing flowers for members when ill.

17. Each member after she has become an accepted pupil of the School shall be obliged to wear the Court of Honor pin.

18. One evening each month—apart from the general meeting—shall be devoted to an entertainment for and by the members.

19. Each month there shall be added to the Lady Stanley Institute history brief sketches as occasions may afford, by members chosen for that purpose. These articles shall be preserved and placed in order by an historian and assistant historian elected from the members.

20. The Programme Committee shall consist of three elected for the term of one month, whose duties shall be the arranging of a programme for each monthly entertainment.

FORMAL CLOSING.

C. C. H.
L. S. I.
We'll do right
or
We'll know why
For we are in honor bound
My! My! My!

A "Code of Penalties" applicable to certain offences which may be dealt with by the student body, is in process of formation.

Though this method is yet in its infancy, the effect so far has been productive of calm and order. The pupils seem to have taken on an attitude and bearing indicative of pride in being controllers of their own actions, and considered worthy of living up to the standard required of them. This attitude seems to lend dignity to the entire situation. The relationship between the Executives of the School and the pupils, under these conditions, must necessarily be one of good-will, harmony and confidence, and therefore the eliminating of many discords and waste of nervous energy. We all of us who have been pupils of a Training School must appreciate what this means as compared with the form of discipline prevalent in Training Schools the world over, which admits of conditions that are mostly the outcome of vanity, and of self-satisfaction on the part of the one in authority, and sleepless nights of weeping on the part of the pupil.

The few exceptions which call for strenuous discipline are not worth the sacrifice involved; the cheer and confidence necessary to the development and fostering of the higher principals innate in human nature. Much has been lost and crushed which might under the proper stimulus have developed into worthy examples. The discipline of the Training Schools of to-day as those of the past has a reputation all its own, which reaches far and wide the universe over, and such that many worthy women rather than submit to it, deny themselves the coveted course in training. It is not to be supposed that a woman capable of the responsibilities which necessarily devolve upon her in the care of the sick should submit to discipline which might be applicable to a child. The fundamental principle then of this method of self-government is that the pupil is put on her honor, and governed by her conscience which must naturally develop to higher ideals under the stimulus of confidence imposed in her standard of justice. Civilized laws make civilized people, for it is thus that their standard is attained. Let us individually pledge ourselves to the promotion of all that

is conducive of happiness, good-will and cheer in this busy sphere, where noble woman works physically and mentally far beyond what should be demanded of her brother.

MARY A. CATTON.

Lady Stanley Institute Training School, County of Carleton General Protestant Hospital.

ROYAL COLUMBIAN HOSPITAL, NEW WESTMINSTER, B. C.

This institution has been in existence in the city of New Westminster since 1862. The first building had accommodation for about thirty persons. The only gentleman who was a member of the original Board, living to-day in New Westminster, is Mr. W. J. Armstrong, ex-M.P.P. for the city. New Westminster increasing in population, as a natural sequence, the old building outlived its usefulness, owing to age, and a new building was erected on the present site in Sapperton in 1889. This building, which is of wood, cost something over $25,000, and has been added to considerably. In 1901 and 1902 it was amalgamated with the Women's Hospital, and the building has done, and is doing, a lot of very good work, but the present Board feel that it is necessary to commence construction at once on an up-to-date brick and stone building, capable of furnishing accommodation for at least one hundred and fifty patients.

Plans and specifications have been prepared by the architects, Messrs. Birds & Blackmore, of Vancouver, who were awarded first prize for their plans by Mr. F. M. Rattenbury, of Victoria.

The Building Committee of the Board have had several meetings, to which they have called in consultation the medical staff attending the Hospital, as well as the Lady Superintendent; and the Board feel that they will, when the building is completed, have an up-to-date hospital in every particular, capable of accommodating one hundred and sixty patients, but to pay for this modern structure it will be necessary to raise $200,000. The city of New Westminster is to contribute $30,000 and the Provincial Government have kindly promised $20,000; $50,000 has been promised by friends of the institution who are not residents of the city, so it will now be necessary to raise $100,000 from those who are charitably inclined to complete the construction of the new hospital, and a further $25,000 will be needed for furnishings.

We feel sure that the residents of the city, as well as the district, will come to the assistance of the Board of Managers, so as to enable them to complete the construction of the new building, which is so sadly needed, owing to the population of the city, as well as the district, increasing by leaps and bounds.

It will be noticed, by referring to our cash statement for the nine months ending March 31st last, that the management have kept well within their income, consistent with efficiency, as far as they could do so, and in the old wooden building which has now outlived its usefulness.

The site is a splendid one, very commanding, with a beautiful view, healthy and sanitary in every respect. We have seven and a half acres of ground, all in splendid condition.

We have at present a very efficient staff of nurses and a competent medical staff. We have a training school for nurses, and the nurses who have graduated since 1901 are all occupying very prominent positions in the different hospitals of the Province.

The Royal Columbian is governed by a special Act of Incorporation, passed by the Provincial Government in 1901, and the persons appointed from time to time as members of the Board of Management are a body politic and corporate. The Board of Management consists of twelve persons, four to be appointed by the Lieutenant-Governor-in-Council, four to be appointed by the City Council of New Westminster, and four to be appointed by the Women's Council of New Westminster. Two members are appointed for two years and two members for one year. Retiring members of the Board are eligible for reappointment. The Reeves, for the time being, of municipalities lying wholly, or in part, adjacent to New Westminster, shall be ex-officio honorary members of such Board.

The Local Council of Women have given great assistance to the management, as well as the Women's Auxiliary of the Hospital, who furnished the new maternity cottage, which was built three years ago. We have also a Red Cross Society for young girls, who have already collected sufficient to furnish a children's ward in the new hospital and have undertaken to collect for the purpose of maintaining a certain number of children in this ward.

The staff in 1901 consisted of a House Surgeon, a Lady Superintendent, a Head Nurse and four pupil nurses. The daily number of patients was about fifteen. During the fall of 1902 the number of nurses in training increased from four to ten.

In 1904 the Board of Management decided to do without a House Surgeon. They appointed a graduate nurse to take charge of the operating room, and it was found necessary to again increase the number of pupil nurses.

In 1908 a new maternity cottage was built, with accommodations for twenty patients. It is well furnished and up-to-date in every respect.

Two years ago the Nurses' Home was opened, providing every comfort for the nurses in training.

During 1908 three isolation cottages were built. These five buildings cost over $30,000.

The staff at present consists of: Lady Superintendent, Head Nurse, Surgical Nurse, Maternity Nurse, twenty-two nurses in training, with the usual help for kitchen and laundry purposes.

At the present time the B. C. Electric Railway give a twenty-minute service to the hospital, but before the new building is completed a fifteen-minute service is promised.

Hospital Staff.—The Board wishes to report their entire satisfaction with the management of the institution by Miss Martin, Lady Superintendent, efficiently and economically, as far as circumstances would permit, as well as the nursing staff, who assisted the Lady Superintendent in the discharge of her duties.

Medical Staff.—The Board wish to thank the members of the medical staff for the advice and assistance in the preparation of the plans for the new hospital, as well as for the lectures given to the nurses during the year just ended.

The following extract is taken from the Grand Jury's presentment regarding the condition of the public institutions in the city of New Westminster. This is what they say with regard to the Royal Columbian Hospital:

"Royal Columbian Hospital.—This institution is in very capable hands; the building, however, is entirely inadequate. The Jury finds that owing to the

lack of accommodation undesirable cases come in touch with others in a way that should not exist. We would also recommend that children should be separated from adult patients.

"We were sorry to have an expression from your Lordship to the effect that the recommendation of Grand Juries usually found their way to a pigeon hole. We would humbly beg that your Lordship will use his influence to keep this presentment from meeting a like fate."—From Annual Report 1909-1910.

THE CALENDAR

The Legislative Committee of the G. N. A. O., feeling the necessity of some missionary work being done in the Province before the Nurses' Registration Bill is again introduced in the Legislature, and as in this practical world of ours money is one of the first requisites in any work, suggested that a calendar and a post-card with picture of Florence Nightingale be issued, the former to sell at twenty-five cents and the latter at five cents. The was done and the resutls have been most gratifying. At first there was some difficulty with the publishers and the nurses in charge of the work were driven nearly frantic with telephone calls as to "why that calendar had not arrived yet." However, they finally did arrive and they were so artistic in their sepia tones that our friends all combined to make life more happy for us by telling us how pleased they were with them.

"Kit," in the "Mail and Empire," put in a little plea for her readers "to help the girls who help us when we are down and out." We thanked her for this, explained our mission and sent her a calendar. She responded with a long paragraph which made us all devoted admirers of her and her column. There were many responses to her appeal from both men and women all over the country. A man who read it, middle-aged and quite threadbare, called to get a "Florence Nightingale calendar to send to his niece, a graduate nurse in the States." One young lady called and got one. Next day her mother came for nine more. One letter from a little girl asked for a calendar to send to her mother who was a trained nurse and who she knew would like to have the picture of Florence Nightingale. An Englishman wanted a picture of the woman "who had been so kind and done so much for the soldiers of my country."

And so the letters poured in, some touching and some most matter of fact; some with postage and more without. How we learned to appreciate the postage, as every cent counts in our fund.

We had to give a second rush order for five hundred and they are nearly gone. Although even yet in the middle of January hardly a day passes without an order coming in for one or more. The post-cards are also going well and to help this we are offering a bargain—six for a quarter. This next year we are already planning another calendar, which we hope to have in time to supply all the demand and we would ask our friends not to buy any calendars for 1912 until they have seen ours.

LUCY B. PELLATT,
Convener of Legislation Committee

THE EVERLASTING EXAMINATION.

Because we remember so well the feelings of the "Pro.," the Junior, the Senior, therefore do we call it Everlasting. Still, there is nothing like courage and common sense and a sense of humour, and these delightful remarks, by some clever examiner in the *Australasian Nurses' Journal*, are the very thing for our dear readers who may have examinations to fear. It is called "Examiner to Examinees," and is as follows:

If you nurses would only look before you leap, or think before you answer questions, what a difference it would make to the examiners.

You were asked how you would proceed to wash a helpless patient. What did you proceed to do? Wash ordinary patients, wash very dirty patients, and only very, very few, wash a helpless patient. Only one describes the way she would manage to take helpless patients out of their garments. Most of you seemed to have run short of garments, and do not mention them at all.

Like the garments, the patients seemed to have run short of eyes, as only one nurse seems to have noticed they needed attention.

How many sheets could you make out of 100 yards of calico, just the exact width?

How very clever some of you were, and how extravagant others. When I get 100 yards of calico 72 inches in width, if generous as to material, I manage to make 33 sheets and one dressing towel. If not quite so generous as to material I manage 37 sheets. Now will you believe me if I tell you a secret?

Note the great difference in thinking out "Household Management." Some very clever ones among you managed to obtain 100 sheets, others 50, others 30, others 80, others 12, and one only managed 11 sheets. Beds are 6 ft. 6 in. in length; how she managed with sheets 10 yards in length, I cannot tell.

How many pillow-cases can be made out of 50 yards of calico, just the right width for a case 35 inches?

I can manage to make 50.

Some of your number managed 20, others 30, others 40, and one was clever enough to manage 500. How I wish I knew how she managed it? What a stock of pillow-cases I should have in my cupboard.

What is the allowance of sheets per bed? Nurses, like doctors, differ in opinion. Some of you changed your bed once a week, others twice, and others not at all.

How would you protect your health when nursing a "Consumptive Patient?" Some of you do it so nicely, protect yourselves so very well, that the patient is left to die comfortably or uncomfortably, just as he pleases. Some of you burn every unpleasant thing. I have wondered so much where you have burnt them. Was it in the kitchen stove or dining room fire? Very few of you seem fond of taking a bath, or if so, dislike to mention the fact.

Describe the various ways of taking a temperature, and what precautions you would take.

Some of you can take temperatures in a perfect way, and some have given your patients rather a severe time.

One of your number gave her patient (a child it must have been, because the temperature was taken in the rectum) an enema every time she took its

temperature. Now fancy or imagine that patient having its temperature taken every two hours. Where is the child now?

Some of you guard against hot water bottles, bags, tins, foments, ice-bags, etc. Most of your patients were to be trusted. Only one seems to have met those dreadful people who rub the "thermometer" up to 110 degrees, or place the "thermometer" wrong end in. What would you do if the patient ate the bulb of the "thermometer," or retained the broken half of same in the rectum? You did not divulge.

If a child in your ward swallowed a shilling, what would you do?

Most of you decided to do most silly things. If a child in my ward had really swallowed a shilling and was quite comfortable, I should send for the doctor and leave him alone. If the child was black in the face, I would hold him up by the heels, shake him, smack him on the back to encourage him to cough the coin up, or otherwise help him to breathe until the doctor arrived. A nurse that gave the child, supposed to have swallowed the shilling, an emetic or dose of castor oil without the doctor's order, is a dangerous person.—M. F. S

PERSONALS

Miss Ida Coulson, of Sudbury, spent a few days in Toronto in December.

Miss Theresa Regan, St. Michael's Hospital, Toronto, has been appointed Superintendent of the Welland County General Hospital. We wish her all success.

Miss Power spent Christmas with her sister in Montreal.

Miss Ella Shaw spent the holiday season in Toronto.

Miss Alice Sinclair, graduate T. G. H., Class '01, spent a short time in Toronto, on her way to join Miss Macfarlane, Superintendent of Vancouver General Hospital.

Miss Annie I. Brown (T. G. H.), was called home suddenly from New York on account of the illness of her father.

Miss Thomson, Head Nurse of Annex, Toronto General Hospital, is enjoying a two months' holiday.

Miss Z. Brigham, head nurse of the Souris Sanitarium, is spending the winter with her parents in Allan Park.

Miss McIsaac, President of the American Journal of Nursing Company, continues her tour. She has visited many Associations and has accomplished much in increased interest, better organization and more effective work. What a wonderful impetus to progress all along the line will this work be that Miss McIsaac is so thoroughly doing.

Miss Cade is the new Superintendent of the R. M. and G. Hospital, Port Arthur. Miss Cade is a graduate of the General Hospital, Youngstown, Ohio, and has been some years in Toronto.

Miss Code, graduate of St. Joseph's Hospital, London, is doing private nursing in Port Arthur.

THE SCHOOL NURSE.

School Nursing in Toronto is now on a regularly established basis and an interesting report of the nurses' work has appeared. Since the system was organized in May the nurses have made 1.079 visits to homes, 809 visits to schools, 46 visits to dispensaries; 56,412 inspections were made in school 41 children were excluded with contagious diseases—these were found in the classes, some desquamating, others with marked rash of scarlet fever or measles. Through the nurses' efforts 26 children had glasses fitted, 35 had tonsils and adenoids removed and 86 had teeth filled.

Tooth brushes are provided by the Board of Education, which the children may have for five cents. A number who would not buy them at the drug store can get them from the teacher at this reduced rate.

The nurses on the staff at present are: Miss Ella J. Jamieson, Miss Alice M. Robertson, Miss Nellie Hatch, Miss Amy C. Killaly, Lina L. Rogers, R.N., Superintendent.

A post-graduate course of one month has been started in Toronto to enable nurses to broaden their experience and prepare themselves for positions of this kind. This will help to obviate the difficulty of getting nurses who can orgainze this work in towns starting it. The first nurse to avail herself of this opportunity is Miss Ida M. Boyce, Graduate of Miami Valley Training School, Dayton, Ohio.

THE LADY OF THE LAMP.

At Chelsea, under the lime-tree's stir,
I read the news to a Pensioner,
That a noble lord and judge were dead—
"They were younger men than me," he said.

I read again, of another death;
The old man turned, and caught his breath—
"She's gone?" he said; "she too? In camp
We called her the Lady of the Lamp."

He would not listen to what I read,
But wanted it certain—"the Lady's dead?"
I showed it him, to remove his doubt,
And added, unthinking. "The Lamp is out."

He rose—and I had to help him stand—
Then, as he saluted with trembling hand,
I was abashed to hear him say,
"The Lamp *she* lit is alight to-day."

—*F. S. (London Evening News.)*
The Australasian Nurses' Journal

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Miss Stewart, Teachers' College, Columbia University, New York.
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Editorial

VANCOUVER, B.C.

An effort is being made by the Vancouver Graduate Nurses' Association to organize all the nurses of the Province for the purpose of securing an Act of Registration for which application will be made to the Government of British Columbia. The object is to raise the standard of nursing in the Province and to protect the public from being imposed upon by nurses who are not properly qualified. The Act is not designed to prevent anyone from engaging in the work of nursing, but simply to make it possible for those employing nurses to distinguish between trained members of the profession and those who have not the requisite qualifications.

RUTH JUDGE,
811 Thurlow Street, Vancouver, B.C. Sec. V. G. N. A.

We wish the V. G. N. A. every success in its endeavor to secure Registration. This subject is engaging the thought of the members of the profession all over the Dominion. Make THE CANADIAN NURSE your mouthpiece and let it help in every possible way. That is its mission. Help it to fulfil that mission.

THE "FLORENCE NIGHTINGALE" PLEDGE.

"I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practise my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my calling. With loyalty I will endeavor to aid the physician in his work and devote myself to the welfare of those committed to my care."

INTERNATIONAL NEWS.

Sister Agnes Karll, President of the International Council of Nurses, has completed her translation of "A History of Nursing," by Miss Nutting and Miss Dock, into the German language, and the book will be on sale at the beginning of next month. We congratulate Sister Karll on the accomplishment of this important piece of work, and the German nurses on the opportunity she has placed within their reach of studying the history of their profession in their own language.—*British Journal of Nursing.*

NOTICE.

Any subscriber who has not been receiving her journal regularly will confer a favor on the Board of Directors by communicating with the Secretary or Editor. There has been considerable difficulty in this regard the past year owing, doubtless, to change of publishers. We want to correct this. Let us have the names and addresses of those who fail to get the journal. Subscribers will please send any change of address promptly, so that no numbers may be missed.

NORTH DAKOTA UNIVERSITY.

GRAND FORKS.—The preparatory course for nurses at the University of North Dakota began its work with the opening of the college year, September 22. The course is similar to that given at Teachers College, Columbia University, New York City, and is of one year's duration. At the end of the year, if the student has successfully completed the courses of study specified in the curriculum and manifests an aptitude for the work of nursing, she will be admitted to one of the affiliated training schools for two years' further study. At the expiration of that time, the successful student will receive from the University of North Dakota a diploma in nursing. The first semester offers the following courses: Anatomy, physiology, hygiene, and sanitation, chemistry, dietetics and psychology. The second semester: General bacteriology, chemical physiology, pharmacology, sociology, household and hospital economics, and principles of nursing. All courses are especially arranged and taught from the standpoint of a nurse, the latter two of the second semester and dietetics in the first, by the director of the course, Bertha Erdmann, R.N. Although this course is in connection with the College of Medicine, it is an integral part of the University organization and under the control of the director, who is also a member of the faculty. Four students have matriculated; they are enthusiastic, interested, and doing good work. Among the affiliated institutions are: The Augustana and Presbyterian Hospitals, Chicago; Trinity Hospital, Milwaukee, Wis.; St. Luke's, St. Paul, Minn.; Bellevue and Allied Hospitals, New York City. Applicants must be at least eighteen years of age and have the equivalent of a first-class high school education.

This is the second University which has made nursing one of its departments. The University of Minnesota was the first, an account of which appeared in the August number of THE CANADIAN NURSE. And why should not this be the rule? Nurses work as hard to secure their diplomas as the members of other professions.

FLORENCE NIGHTINGALE MEMORIAL FUND.

A meeting was held at Grosvenor House on Friday, October 28th, to consider the steps to be taken to formulate an Imperial Memorial to the late Miss Florence Nightingale; Admiral Lord Charles Beresford, K.C.B., was in the chair. Mrs. Joseline Bagot, R.R.C., spoke of the work of Miss Nightingale in the Crimea, of her wonderful power of organization, how rapidly under her direction order was brought out of chaos, and comfort reigned where before had been unheard of misery.

Capt. Mark Sykes spoke of the results of her work and the everlasting benefit it would be to the human race, as every trained nurse carried her spirit to the bedside of the sufferers whom she tended.

Mrs. Dacre Craven, the oldest Nightingale probationer, also spoke. Finally it was decided that a committee should be formed to consider the various schemes proposed, and upon the suggestion of Mrs. Bedford Fenwick, the committee was given power to add to its members, so that the chief nurses' organization should be consulted. Viscountess Helmsely proposed that more women should be placed upon the committee, as the names proposed were with but one exception men.—*St. John's House News.*

"THE NURSING MASQUE."

This is a pageant on the Evolution of Trained Nursing to be given in London, England, on Feb. 18th. Mrs. Fenwick, who works so indefatigably for State Registration, is the moving spirit. *The British Journal of Nuring* says:

The processions in preparation for February 18th, will, however, give to the public a very good idea of the immense importance of trained nursing to every section of the community, and the devotion of the noble women who have tended suffering for centuries with little appreciation or recompense.

It won't do to tell too many secrets, but of the four sections into which the Procession of Mortals will be divided, the first will bring us down to the middle of the 19th century; it will be led by Agamedé the Fairhaired, mentioned in the Iliad, "who knew all drugs so many as the wide earth nourisheth," and will end with the great Elizabeth Fry, between whom will come the most celebrated of those innumerable great hearted saintly women who by their compassion sweetened every century. It is much to be regretted that with so little time at its disposal the committee will find it impossible to include in this procession the Military Knights, Templars, Teutonic and of St. Lazarus, but the Brothers of Pity we must have. Sections 2, 3 and 4 will be headed by distinctive banners inscribed "Education," "Nursing and the Community," and "State Registration," and Miss F. Sleigh has this work in hand. The three Petitions will briefly touch on the education, practical work, and right to legal status of trained nurses.

CORRESPONDENCE.

To the EDITOR OF THE CANADIAN NURSE:

Dear Madam,—I want to give you an account of my work, of Welfare Nurse, and I will try to make it as interesting as possible.

It is now over a year since the McClary Manufacturing Company engaged me as Welfare Nurse, and during that time I have found my work very interesting. There are 1,080 men and women employed at the factory, and it is my duty to visit or care for any sick member of the families of these employees, and to report any unhygienic conditions in their homes. These people are allowed to call on me any hour during the day and, and in very urgent cases at night. I have regular hours for visiting outside patients and the factory. There is a small Emergency Hospital connected with the factory, furnished with everything needful for emergency work. I have reported since November, 1909, twenty-six major accidents, others being slight cuts; one hundred and ninety-seven house calls, and five hundred and seventy-five cases at the factory.

Besides providing a nurse to look after the health of their employees, the company have provided a dining room and lunch counter where the men can get a meal for ten cents. Also a library, containing about 400 volumes and magazines, open at noon hour.

Miss Crosby, of Toronto, called on me, and seemed quite pleased with my work. Now I must close, wishing you a Merry Christmas and Happy New Year.

Yours truly,

132 Central Avenus. (MRS.) M. REYNOLDS.

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Queen Alexandra's Imperial Military Nursing Service.

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QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.

WAR OFFICE, LONDON, S.W., December 16, 1910.

The following lady has received an appointment as Staff Nurse:—Miss E. M. Whittall.

Transfers to Stations Abroad—BLACK U and L C

MATRONS.

Miss J. Hoadley, R.R.C., to Malta, from Military Hospital, Curragh.

PROMOTIONS.

The undermentioned Sisters to be Matrons:—Miss M. Mark, Miss I. G. Willetts.

The undermentioned Staff Nurses to be Sisters:—Miss M. Davis, Miss E. K. Kaberry.

E. W. BECHER,
Matron-in-Chief, Q.A.I.M.N.S.

THE ALUMNAE ASSOCIATION OF ST. MICHAEL'S HOSPITAL, TORONTO.

To be Nursing Sisters (supernumerary):—Miss Mabel Clint, 10th October, 1910. Miss Flora Harriet Wylie, 12th October, 1910. Miss Louisa Hortense Parlee, 15th October, 1910. Miss Laura May Hubley, 15th October, 1910.

To be a Nursing Sister (supernumerary):—Miss Charlotte Macalister, 20th September, 1910.

My Scallop Shell of Quiet

Give me my Scallop Shell of Quiet
My staff of faith to walk upon,
My scrip of joy, immortal diet,
My bottle of salvation,
My gown of glory, hope's true gage,
And thus I'll take my pilgrimage.

Blood must be my body's balmer;
No other balm will there be given;
Whilst my soul, like quiet palmer,
Travelleth toward the land of Heaven.

. . . . . .

My soul will be a-dry before,
But, after, it will thirst no more.

The Call of the Woods.

When you are tired ministering to the many wants of the sick, and things seem to go all wrong, take a day "off," and go to the country where nature is all harmony and unison, and there let your body relax and your soul expand and rest; often the spirit as well as the body requires rest.

The green mountains will speak their message, the waterfall its music, listen to its rhythm; flowers invite your admiration and give you in return their sweetest perfume; the sky above is clear and restful.

Nature is all giving, for the scene of young growing things, the gentle rustling of the leaves, songs of birds, all is soothing to tired nerves. To a nurse it is the frequent contact with irritating, and often uncongeneal, forces, which consumes the vitality, and leaves us, as we say, "limp" and nervous.

Nurses, I think more than any one else, require this nature diversion, as our work keeps us confined very much indoors. Try this outing sometime and see the effect.

Myra Isobel Stevens.

The Guild of Saint Barnabas

CANADIAN DISTRICT

MONTREAL—St. John Evangelist, first Tuesday Holy Communion at M. G. H., 6.15 a.m Second Tuesday, Guild Service or Social Meeting, 4 p.m. Third Tuesday, Guild Service at St. John's, 8.15 p.m. Last Tuesday Holy Communion at R. V. H., 6.15 a.m.
District Chaplain—Rev. Arthur French, 158 Mance Street.
District Superior—Miss Stikeman, 216 Drummond Street.
District Secretary—Miss M. Young, 36 Sherbrooke Street.
District Treasurer—Mrs. Messurvy, 37 Church Street.

TORONTO—St. Augustine's Parish House, 8 Spruce Street, last Monday, 8 p.m.
Chaplain—Rev. F. G. Plummer.
Superior—Miss Brent.

QUEBEC—All Saints Chapel, The Close. Guild service, fourth Tuesday, 8.15 p.m.
Chaplain—The very Rev. the Dean of Quebec.
Superior—Mrs. Williams, The Close.

The Canadian District Council of the Guild of St. Barnabas, consisting of a Chaplain, Superior, Secretary-Treasurer and five members elected by the members of the District, meets three times a year in Montreal, to read reports from the Branches, to make any regulations for the benefit of the Guild and to conduct any business which may be brought forward. Some time ago it was suggested that it would be advisable for the Canadian District to have its own constitution. After much consideration a form was drawn up and submitted to the Branches in Canada and to the Council in England. With one exception it was approved and confirmed, and at the meeting of the Canadian District Council on December 1st, 1910, its adoption was proposed by Miss M. V. Young, seconded by Mrs. Messurvey, and carried. These by-laws, while quite in keeping with the Constitutions of the Guild, allow certain changes in the regulations to suit the differences of life and thought in Canada.

After this we shall to a great extent conduct our own affairs and all communications from the Branches of the District will be made to the District Secretary, who will transmit them to England. This will make us more self-reliant. It is to be hoped that before long we shall be requested to form other Branches, so that the Canadian nurse may enjoy the privileges of the Guild of St. Barnabas in all the great centres of the Dominion.

ANNIE STIKEMAN,
District Superior.

THE GRADUATE NURSES' ASSOCIATION OF ONTARIO.

(INCORPORATED 1908).

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REGISTRATION.

This very important subject is receiving the thoughtful attention of nurses in every land. In the different Provinces of Canada, steps are being taken to place the profession on a proper recognized basis. The Graduate Nurses' Association of British Columbia is in the midst of a vigorous campaign for registration. The Graduate Nurses of Nova Scotia have just one more step to take. Manitoba is working along the same line with good effect. Ontario is striving to interest all her nurses in this great question and to bring about united effort to secure legislation. The account of work, successful work, from other lands is encouraging. Note the following from *The British Journal of Nursing:*

The Bill for the State Registration of Trained Nurses in Denmark has been approved by the Commission appointed to consider its provisions. Among the principles incorporated in it are (1) the restriction of the use of the term "registered sick nurse," and the limitation of State recognition to those who have obtained the State certificate; (2) only women holding the State certificate may be appointed to responsible positions in institutions which are training schools for nurses. The curriculum includes two months' preliminary training and three years in an institution connected with one of the State-recognized hospitals. It provides for a two years' period of grace after the passing of the Act, and for its revision within five years of its passing. The working of the Act is placed in the hands of Committees of Public Health. The Bill at present recognizes a year's hospital training as a qualification (in addition to preliminary training) for district nurses, but we hope this may be altered before it becomes law, and the same standard be adopted for all nurses.

Miss Mary Shore has received the appointment of District Missionary Nurse on the Indian Reserve, under the New England Co. This is the senior missionary society, incorporated in 1611, with head office in London, England. Miss Shore enters on her duties January 14th. Her headquarters will be at Ohsweken, Ont. The Reserve is twelve miles square. The nurse is provided with a horse and trap for her use while making her official visits.

A Branch of the Order has been organized at Victoria, B.C. The Home Nursing Society has amalgamated with the Victorian Order. The nurse will enter on her duties there, early in February.

The Toronto Branch has placed a nurse in the western part of that city. This makes the third resident nurse in the parts of the city more distant from the Central Home.

The Vancouver Branch is extending its activities. They have placed a nurse in Fairview, thus beginning the resident nurse plan in that city. They are planning to build a larger home for the nurses, to be called the Florence Nightingale Home.

The reports from the Cobalt District are very promising.

Miss Mayou has left for Shoal Lake, Man., where she will be in charge of the hospital. Miss Jean Scott will be her assistant.

Miss Bertha Steeves is in charge of the Victorian Hospital, Swan River, Man.

Miss Elizabeth Will has been appointed nurse in charge of the Edmonton District, to succeed Miss McCulloch, who resigned January first.

Miss Amy Claxton has received the appointment of District Nurse at Canso, N.S.

A post-graduate course in district nursing—four months—is given at one of the four training centres of the Order: Ottawa, Montreal, Toronto, Winnipeg. For full information apply to the Chief Superintendent, 578 Somerset Street, Ottawa; to the District Superintendent, 29 Bishop Street, Montreal; to the District Superintendent, 206 Spadina Avenue, Toronto, or to the District Superintendent, 145 Sherbrooke Street, Winnipeg, Man.

THE CANADIAN NURSES' ASSOCIATION AND REGISTER FOR GRADUATE NURSES—ESTABLISHED 1895—INCORPORTED 1901.

President—Miss Phillips.

Vice-Presidents—Miss Tedford and Miss Colquhoun.

Treasurer—Miss Des Brisay.

Registrar—Mrs. Berch, 175 Mansfield Street.

Reading Room—The Lindsay Building, Room 611, 518 St. Catherine Street West.

Lectures—From November until May, inclusive, in the Medico-Chirurgical Society Rooms, the first Tuesday in the month, at 8 p.m.

The regular monthly committee meeting and lecture were postponed till January 9th owing to the holiday season.

Miss Hersey, Superintendent of Nurses, Royal Victoria Hospital, kindly invited the members of the C. N. A. to hear Miss Crosby speak on "The Canadian Nurse" and "Registration and What it Means to the Graduate Nurse." If all the nurses knew what an interest Miss Crosby has and is taking, they would do their share by subscribing to it now and make this new year a banner one. Coffee and cake were served at the close and a very pleasant half hour spent before the blazing log fire, which we were loath to leave.

Miss Randall, graduate R. V. H., Superintendent of a hospital in San Francisco, had the pleasure of being present at a reception for Miss Andrews (M. G. H.), in Winnipeg, on the occasion of her approaching marriage. We are always glad to welcome back our graduates and members and learn what they are doing.

We extend our sympathy to Mr. Howard Wilson in his great bereavement. The late Mrs. Wilson (nee Willson) was a graduate of St. Paul's General Hospital, Minnesota. She leaves one little daughter.

Much sympathy is felt for Miss Van Buskirk in the death of her father, Dr. Van Buskirk, of St. Thomas, Ont. Miss Van Buskirk will not return to continue her work for some time.

HOSPITALS AND NURSES.

Miss Angela McIlhargey, graduate of St. Joseph's Hospital, Chatham, who has been engaged in hospital work in Detroit, resigned her position and will do private nursing in the city.

Misses T. Blonde and Pearl Dickinson, Class '10, are doing private nursing in Detroit.

Miss Nellie Gilmore, Class '10, intends going to Chicago with her brother, Dr. Gilmore, to do private nursing.

Miss Jean Lundy, Class '10, registered in Chatham for private nursing.

Miss Jean Gilmore, who has been ill for some time at her home in Lucknow, is reported much improved.

Misses Grace Hoy and Rose Tacle, graduates of St. Joseph's Hospital, Chatham, are doing private nursing in Port Huron.

Miss A. N. Ireland, graduate John H. Stratford Hospital, Brantford, has received an appointment in the Galt Hospital, Lethbridge, Alta.

Miss J. A. Gibson, graduate of Moose Jaw General Hospital, has been appointed Superintendent of the General Hospital, Kincardine, Ont.

Miss Kirk (R. V. H., Montreal), who was Superintendent of the Children's Memorial Hospital until the first of October, is with Miss Guernsey (R.V.H.), who was her assistant for the last year, taking a trip on the Conttnent. They expect to spend Christmas in Rome, and will visit England before their return next spring or summer.

Miss McKay, a graduate of the R. V. H., Montreal, who was assistant in the operating department of that institution before going West, is now in charge of the operating department in the General Hospital, Vancouver.

Miss Randal (R. V. H., Montreal), who has been for some years in charge of St. Luke's Hospital, San Francisco, where they intend building a new hospital, is now in Canada; her trip East is for the purpose of gathering information as to the latest improvements and methods in the hospitals on this side of the continent.

Miss Lucina M. Watson, graduate H. C. H., has been appointed Dispensary Nurse for the Tuberculosis League in London, Ont.

Miss Ida M. Carr, Superintendent of the Hamilton Asylum Hospital, has been transferred to Brockville.

Miss Kate Madden who for three years was Supervisor of the New England Hospital, Boston, has been appointed Lady Superintendent of the Hamilton City Hospital.

Miss Trout, Lady Superintendent of the R. A. H., Fergus, has resumed her duties.

We regret to learn of the death of Miss Lucy B. Fisher, one of the Associate Editors of the *Nurses' Journal of the Pacific Coast*, and Second Vice-President of the Associated Alumnæ of the United States. Miss Fisher was a pioneer worker in all nursing affairs of the Coast. Her special work, latterly, was for the prevention of tuberculosis. She will be greatly missed by her friends and associates to whom we tender our most sincere sympathy.

On November 14, 1910, a meeting was called for the double purpose of organizing a Graduate Nurses' Association of Berlin and Waterloo, including

all graduate resident nurses who have trained elsewhere, and an Alumnæ Association of the Berlin and Waterloo Hospital Training School for Nurses. By the courtesy of Mrs. Bowman, Superintendent, the meeting was held at the Hospital, through whose efforts the organization has been formed. The object of forming the association being to encourage a friendly spirit, for mental improvement and instruction and maintenance of the honor and standing of the profession. On motion Mrs. Bowman was appointed to the chair, and Miss Georgie De Bus to act as Secretary, pro tem. A Nominating Committee was appointed, consisting of Misses Hendrich, Gies, Kaiser and De Bus. The result of the business of the evening was the election of officers, formation of by-laws and constitution. The officers for the year are: Hon. President, Mrs. W. A. Ziegler; President, Mrs. A. Foster; Vice-President, Miss Louise Henrich; Recording Secretary, Miss Kaiser; Corresponding Secretary, Miss Eva Border; Treasurer, Miss Gies. Registration is to be at the Hospital and a uniform rate for nurses' fee was fixed upon. A large number of nurses were present, and we trust the same enthusiasm will be shown throughout its existence.

The annual graduating exercises of St. Joseph's Hospital, Port Arthur, will take place December 22nd. The names of the graduates are: Miss Agnes Armstrong, Fort William; Miss Alice Guiry, Lindsay; Miss Florence McCrea, Cobalt; Miss Gracia McDonald, Parry Sound.

The Children's Hospital, Winnipeg, now in course of construction, is to be completed early in June so that the little sufferers may have its shelter and care in the hot months when epidemics work so much mischief.

The three days' bazaar held for the benefit of the Building Fund was the most successful ever held in Winnipeg, the handsome sum of $10,500 having been cleared.

Thirteen thousand persons visited the bazaar as recorded by the paid admissions.

In addition to this sum E. A. Merrill, of Minneapolis, on Saturday presented the ladies with his cheque for $2,000. The money is to endow a cot in the new hospital in memory of his daughter, Constance Merrill. Mr. Merrill is the father of Mrs. C. D. Shepard of this city.

Saturday was rather the climax than the conclusion of the event, and the afternoon and evening saw the rooms and the galleries filled with a busy throng. Later in the evening all the goods not sold were disposed of by auction, Hon. T. Mayne Daly, Hugo Ross and George Carruthers striving for premier honors in the role of auctioneer. The verdict of the audience was to the effect that they broke even.

The sale over, servers and served, in thousands gathered into the rotunda and with the singing of "God Save the King," and giving three cheers for Peter Lyall, Superintendent Wilson, and their helpers, declared the second annual Children's Hospital bazaar at an end.

Mrs. J. P. Jansen has the honor of planning and managing this most successful bazaar.

A meeting of the graduate nurses of Peterboro was held in the Y. W. C. A. on the afternoon of December 13, 1910, when an excellent address by Miss Crosby was enjoyed. The subject of registration for nurses was dwelt upon, and a paper which has been thought most justly to meet the needs of all, read. A plea

for THE CANADIAN NURSE appealed to our patriotic instinct, and we remembered with shame that our only Canadian journal of nursing was struggling along without our full support. Then a few words in behalf of the Graduate Nurses' Association of Ontario reminded us how very easy it is to become narrow, and to be satisfied with very much less than the best for our profession in our own country. Mrs. Millar (nee Miss Coleman) former Superintendent of Nicholls Hospital, was appointed a delegate to represent us at the general meeting of the association to be held about the last of the month in Toronto. A hearty vote of thanks was tendered Miss Crosby, and we felt that her coming had done us good.

Petrolea, Ont., becomes the possessor of a splendid hospital, picturesquely situated, and perfectly equipped, by the generous gift of its citizen, Mr. J. L. Englehart, Chairman of the Temiskaming and Northern Ontario Railway. Mr. Englehart has donated to the town his beautiful residence, valued at over $50,000, and grounds covering some thirty acres, as a memorial to his deceased wife. He has, moreover, donated $5,000 to be devoted to remodelling the structure for hospital purposes. The institution will be known as the Charlotte Eleanor Englehart Hospital and will become the property of Petrolea on December 31st, the second anniversary of Mrs. Englehart's death. Dr. R. W. Bruce-Smith, Provincial Inspector of Hospitals, who has returned from an inspection of the property and plans for reconstruction, said last evening: "It is a most generous gift. The property as it stands to-day could not be replaced for over $100,000. It is absolutely ideal for hospital purposes, with its spacious building, series of five balconies and magnificent grounds. There is not a finer building for its size on the continent, and the town of Petrolea will have perennial cause to thank Mr. Englehart." Most lasting than bronze or marble is the monument that ministers daily to human suffering.

The Amasa Wood Hospital, St. Thomas, Ont., is to have an extension in the near future.

The Illinois State Association of Graduate Nurses is arranging a series of lectures on questions of interest to social service workers.

At the recent meeting of the Indiana State Board of Nurse Registration, held at Indianapolis, forty-four took the examination.

The presentation of the medals and diplomas to the graduate nurses of the 1910 class of the Western Hospital Training School for Nurses, Montreal, was made in the hospital buildings on Dorchester street, on Thursday, November 24th. The large waiting room of the Outdoor Department was transformed by a wealth of bunting, etc., and the formal presentation and speeches were disposed of here before the social portion of the programme was proceeded with. The President of the institution. Mr. Peter Lyall, presided. He emphasized the great need of a new Nurses' Home and appealed to the ladies present to help by every means in their power the efforts that are now being made to provide for women who are devoting themselves to such honorable work, a suitable residence with those two great essentials, light and space. After words of advice from Dr. James Perrigo, Mr. T. Gilday and others to those nurses who were passing out of the school the diplomas and medals were handed with suitable words to Mary A. Scriver, Elizabeth Keech, Muriel Pickel, Isabel Jennings, Mabel Drake and Marian Nash. The other half of 1910 class having

received their certificates earlier in the year. A special gold medal had been presented by a generous friend to the nurse most proficient in all branches of the gentle art of nursing, and this was handed, amidst loud hand-clapping, in which the fellow-nurses heartily joined to Miss Marian Nash. A handsome book, as a special, was also presented to Miss Clare Wiggett. Both these young ladies appeared to be equally as popular with the school as with the powers. An adjournment was then made to the Nurses' Home, where refreshments were served and vocal and instrumental music gave enjoyment to all, the singing of Mrs. C. H. Cameron being particularly pleasing. With due regard to the thoughts of an early to-morrow an "Auld Lang Syne" brought a thoroughly enjoyable evening to an all too early close.

Miss Beatrice Doherty, a graduate of the Western Hospital of Montreal, and formerly in charge of the operating room at that institution, has now been appointed in charge of the Miners' Hospital, Coleman, Alberta.

Miss Crosby, who has been visiting the Alumnæ Associations east of Toronto, addressed the meeting of the Alumnæ Association of the Royal Victoria Hospital in the Nurses' Home of that institution on Friday evening the 9th., the members of the Nurses' Association and of the Alumnæ Association of the Montreal General Hospital were invited to be present. She interested the members by her account of what they had been doing and proposed to do with the CANADIAN NURSES' MAGAZINE, and also gave a brief sketch of what steps they, in Ontario, had taken towards registration for nurses.

At the meeting of the Executive Committee of the Vancouver Graduate Nurses' Association and an Executive Committee from the B. C. Medical Association, held on Thursday evening, December 22nd, a draft was made of an Act of registration for nurses for British Columbia which was approved of by those present. This Act to be finally voted upon will go before the members of the Vancouver Graduate Nurses' Association, the Alumnæ Association of the Vancouver General Hospital, the Trained Nurses' Association of Victoria and others. A special meeting for this purpose will be held on Wednesday, December 28 at 8 p.m. at the Nurses' Club, 1357 Barclay street. The members earnestly hope that all graduate nurses interested in this movement will make an effort to be present at this meeting.—*Daily Province*, Vancouver.

The ladies of the Cowan Mission gave their customary tea and entertainment to the patients at the General Hospital, St. Johns, Newfoundland, on December 23rd, and a pleasant time it proved to be for all concerned. Too much praise cannot be given these ladies for the valuable assistance rendered the sick and suffering at the hospital. For years, in season and out of season, they pay regular calls, bringing words of good cheer to the unfortunates seeking health and strength. They also dispense literature, fruit, etc., and otherwise demonstrate their object which is to make the bed of the sufferer as pleasant as possible. They expect no reward, but they receive the thanks of those who, although living in the homeland, are without friends or relatives to visit them. They had made special preparations and not only provided dainty teas but had gifts of books, handkerchiefs, gloves, for all the inmates. There were dolls for the children, toys for the boys and pipes for the men. Not a single patient was overlooked or neglected from the youngest to the oldest. As many of the patients as possible were taken to the lower ward, where a concert was given, among those assisting were

Rev. Uphill, Miss Goodridge, Miss Herder, Miss LeMessurier, Miss Anderson. Dr. Keegan, on behalf of the hospital, thanked the ladies for their kindness in providing such a pleasant time. The institution is undergoing constant change and improvement, and before two years it is hoped to have it in first class condition. One of the improvements is a new home for the nurses, work on which will start in the spring. It will be erected a few feet from the hospital and the intention is to make it as comfortable as possible. Each nurse will have a room to herself, and the dining room and sitting rooms will be as modern as is possible to make them. The doctor paid a glowing tribute to the young ladies, who for ability and aptitude cannot be surpassed. During his recent visit to the Old Country, the doctor purchased a new kitchen outfit, which is the latest on the market and will greatly facilitate the labors of the nurses. The laundry was also a wonderful improvement. Nurses Lilian Reid, Margaret Hackett, Myra Taylor and Bride Hayse were then presented with certificates, they having passed their years' examinations with great credit. The staff consists of Superintendent, Night Superintendent, Office Sister, Theatre Sister, three Ward Sisters, one Staff Nurse and twenty-six nurses in training. The singing of the National Anthem brought this most pleasant afternoon to a close.

The regular monthly meeting of the Central Registry was held Monday, December 5, 1910. In the absence of the Convenor, Miss Kennedy kindly took the chair. The Registrar's report showed 175 calls for November, an increase of 48 calls over November, 1909. Several applications for the position of Registrar were received, but as Miss Ewing had been appointed for three months, these were held over until after the December issue of THE CANADIAN NURSE. It was decided that the committee appoint registrar, and Registrar choose her assistant. Later, at a special meeting held December 8th, it was decided that both Registrar and Assistant Registrar be Graduate Nurses.—Rose M. Kimmitt.

On Friday, December 9th, the regular monthly meeting of the Alumnæ Association of the Montreal General Hospital was held in the Nurses' Home of the M. G. H. Miss Cowen, First Vice-President, occupied the chair. After the routine business Miss M. V. Young read an interesting report of the annual meeting of the Local Council of Women. Miss Crosby, Editor of THE CANADIAN NURSE, addressed us, giving a very interesting account of the starting and object of the journal, its history and difficulties. The nurses were urged to take an interest in the journal, both by subscribing for it and contributing to its pages. Dr. Helen MacMurchy's work for the journal in the past was warmly praised by Miss Crosby. Dr. Campbell gave a most interesting address on "Children's Diseases." Tea was then served and a social half hour much enjoyed by all present.

At the Annual Meeting of the Alumnæ Association of the Hamilton City Hospital the following officers were elected:—President, Miss N. J. Burnett, 423 Main Street East; Vice-President, Mrs. A. W. Newson, 87 Pearl Street North; Recording Secretary, Miss D. E. Street, 200 Hughson Street North; Corresponding Secretary, Miss Etta McLeay, Mountain Sanitorium; Executive—Mrs. Margaret Reynolds, 87 Victoria Avenue South; Miss Ida Ainslee, 45 Bay Street South; Miss Bertha Miller, 87 Victoria Avenue South; Miss Elizabeth Aitkin, 198 Hughson Street North; E. J. Deyman, 87 Victoria Avenue South.

At the January meeting of the Alumnæ Association of the Toronto General

Hospital Training School for Nurses, those who attended had the privilege of listening to a talk on registration given by Miss Crosby, who demonstrated then, as she has done on many a previous occasion, her fitness to be our chosen missionary in the legislation campaign. Step by step she went over the points in the proposed bill, and when, after an eager discussion of the subject, the meeting came to an end, not one of her hearers but felt she was wiser and more enthusiastic than ever on the question of registration.

A Chrismas tree was held under the auspices of the Ladies' Auxiliary Board of the London Health Association, on December 23rd, at Byron Sanitorium, followed by a concert by Mr. Cyril Dwight-Edwards and his pupils. Sheriff Cameron acted as chairman, and Rev. J. Lakster, of First Presbyterian Church, delivered a splendid address. Others who took part were Mrs. Adam Beck, Miss Chapman and Miss Edith McBride.

Miss Barbara Gilchrist, Class '10, Victoria Hospital, London, Ont., has been appointed School Nurse by the Board of Education. She will take a course of training with Miss Rogers in Toronto before commencing her work here.

Christmas eve at the Lady Stanley Institute was a very enjoyable one for the nurses and house surgeons of the Protestant General Hospital, Ottawa. A Christmas tree was arranged on the platform of the large lecture hall, and besides the numerous presents to the nurses from friends, both inside and out of the Institute, there were numerous toy presents for each, which were placed on the tree to afford a suprise as well as contribute fun to the evening. Santa Claus was real and live and resplendent in full regalia, and also a surprise to the nurses. The jingle of bells approaching acted as a stimulus and in a few moments commotion reigned supreme. The discords produced by the tones of the various musical instruments such as mouth organs, hand organs, whistles, etc., etc., did not in the least detract from the joyousness of the occasion. After the gifts were all distributed supper was served—a most elaborate supper, which was provided as a treat to the nurses by Miss Rose Fleck, who takes a kindly interest in the nurses and hospital in general. Dancing, games and music completed the evening's fun. Three cheers were given for Miss Fleck and three cheers for Santa Claus who, when not sliding down chimneys and deciphering the minds and wish-books of mortals, is just Mr. Charles McNabb, a philanthropic resident of the city of Ottawa.

The regular monthly meeting of the Central Registry was held Monday, January 9, 1911, Miss Fralick in the chair. The Registrar's report was read and shows the Registry to be steadily growing. At present there are four hundred names on the registry. There were 187 calls during December, an increase of 31 calls over December, 1909. The financial statement for the month was as follows:—

Balance in Savings Account	$1,083.09
Balance in Current Account	374.40
Received for Fees, Charts, etc	116.15
	$1,573.64
Disbursements for December	269.66
Balance	$1,303.98

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The principal business of the day was the appointing of a Registrar. Several applications were received and considered, but it was unanimously decided that Miss Ewing, who has so efficiently filled the position for the past three months, be appointed. The appointment of an assistant registrar was deferred until the next regular meeting. It was with regret the committee heard Miss Kennedy's resignation. It was moved that a letter of appreciation be sent to Miss Kennedy for her past services on the committee. Several nurses have withdrawn from the Registry lately—some to fill hospital positions, some to be married and others just withdrawing from active work.—Rose M. Kimmitt, Sec'y.

Miss Frances Peel, Orillia Hospital, has taken a position in Jacksonville, Illinois, as surgical nurse.

Miss Dickson, graduate Victoria Hospital, London, Ont., who successfully held the position of first operating room nurse there, has accepted the position of Lady Superintendent of the Alexandra Sanitorium, Byron, Ont. Miss Dickson will take a course in Pittsburg Sanitorium before commencing her duties. We sincerely wish our sister nurses success in their new work.

MARRIED.

Main—Bowes.—On December 14, 1910, at Elora, Miss Maude Bowes, graduate of the Royal Alexandra Hospital, Fergus, Class '09, to Walter Main, both of Elora.

Murphy—Bisset.—In Quebec, on November 30th, at the residence of the bride's mother, Adele Bisset, to Dr. Murphy, of Brockville.

McLachlan—Watson.—At the residence of Mr. James K. Rochester, Renfrew, brother-in-law of the bride, on Thursday evening, December 15, 1910, by the Rev. W. M. H. Quartermaine, Mr. Alex. McLachlan, of Horton, and Louise, youngester daughter of Mr. John S. J. Watson, of Rockingham. Mrs. McLachlan is a graduate of Class '07, Victoria Hospital, Renfrew.

Holmes—Clark.—At the home of the bride's parents, Bryson, Que., on Tuesday, 13th inst., by Rev. J. Steele, B.D., Mr. Sam Holmes, of Renfrew, to Miss Blanche Clark, Renfrew, eldest daughter of Mr. John Clark, Bryson, Que. Mrs. Holmes is a graduate of Victoria Hospital, Renfrew, Class '09.

Nichol—McKibbon.—At Winnipeg, on October 30th, Miss Matilda McKibbon, graduate of Winnipeg General Hospital, Class '08, to Mr. John Nichol, contractor, Winnipeg.

Graham—Ranswell.—At Chicago, on December 1st, Miss Louise Ranswell, Oak Park, to Mr. R. R. Graham, Winnipeg. Miss Ranswell formerly nursed in Winnipeg.

Shea—Wilkinson.—At St. Mary's Church, London, Ont., September 5, 1910, Martha T. Wilkinson, graduate St. Michael's Hospital, Toronto, to James Albert Shea. Mr. and Mrs. Shea will reside in Lindsay, Ont.

BIRTH.

Dorgan.—At New Westminster, B.C., on November 15, 1910, a daughter to Mr. and Mrs. Joseph Dorgan (nee Miss Maud Hogan, Class '04, St. Michael's Hospital).

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CLASS ORGANIZATION IN THE ST. LUKE'S HOSPITAL TRAINING SCHOOL, NEW YORK.

By Manelva Wylie Keller.

The nurses in the St. Luke's Training School of New York have developed a deep interest recently in the subject of class organization in the school, and have taken a number of steps which seem in the direct line of progress toward the completion of a splendid system. The movement is scarcely more than embryonic as yet, but there have already been many gratifying and hopeful results.

It is not at all remarkable that such a movement should be started in a high class training school, since it is only in keeping with the sentiment that has developed in the wider circles of the profession in all parts of the country; but it is only within comparatively few years that nurses in training have awakened to the fact that they have a privilege and a duty in this line. They have too long confined their attention to the work immediately at hand, leaving the advancement and improvement of their profession entirely out of their thoughts, expecting at some future time to have more leisure in which to broaden their activities. As a natural consequence nurses have graduated from their schools and gone out into the various avenues of the profession with a vision trained to see down this one avenue only, and it was unusual that one abandoned the narrow, limited habits of the training school, and took an interest in measures directed toward increasing the usefulness of the profession. The alumnæ associations of the various schools had a very low percentage of the graduates on their membership rolls, and resulting from this the county and state organizations have limited resources. In spite of this fact, however, adequate organization has been effected, remarkable progress has been made, and the influence has worked backward in such a way that it is becoming obvious to training-school authorities, and through them to their pupils, that if the nursing profession is to become all that it may, the seeds of progress and broad vision must be implanted in the youngest pupil nurse and nurtured all through her training.

It was a realization of these truths that led to the inauguration of a system of class organization in the St. Luke's Training School. The movement was started by the seniors who, after thoroughly organizing and determining upon a few plans, recommended it to the intermediates, and they, in turn, profiting by the experience of their elders, and making a few original additions to the scheme, passed the enthusiasm on to the juniors, with the result that they are now splendidly under headway as a well-organized, flourishing class.

Each class has its own distinct constitution and its own individual methods of doing business, but there is a striking unity of purpose and aim evident in the stated "objects" in the several constitutions, and though there is considerable class spirit in the school, there is also a most gratifying atmosphere of interclass sympathy, and a growing, healthful, "all-together" feeling. This manifests itself in individual relationships, as well as in the attitude of the nurses toward all things of more distinctly training-school import. Loyalty to the administration is greater and of a purer quality, because matters of administration and

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discipline naturally are brought to the front oftener, and receive more consideration; methods and requirements are more clearly understood, and view-points are reduced to the minimum number. There have been many practical demonstrations, since this system has been adopted, that its influence is strongly in the direction of unity and general good-will.

The social aspect seems of vital importance also. There are more and better social occasions, and the nurses show the effects of the more frequent relaxation and the more complete diversion, in an unmistakably more cheerful and willing attitude toward the hard work. "All work and no play makes Jack a dull boy," and there is reason to believe that more play with just as much work makes the young woman a brighter and more contented nurse.

Another helpful feature is the discipline in parliamentary procedure which the nurses receive in the conduct of their class business. The majority of women do not take an interest in this subject unless it has been forced upon them by some chance situation, and as a result very few nurses have any adequate practical knowledge of it. Consequently, when nurses go out into active service they are handicapped, so far as administrative affairs of the organized profession are concerned, and do not therefore take the proper interest in them. Organizing their class requires them to familiarize themselves with the drafting and adoption of a constitution, and with this and the subsequent transaction of simple business they necessarily learn, at least, the simpler methods of procedure in deliberative bodies, and develop an interest in the subject.

Furthermore, the senior class of this year has shown an appreciably increased interest over previous classes in becoming members of the alumnæ association. This is another outcome of the organization idea. The class experience has put the nurses in tune, so to speak, for the alumnæ work, and even the younger nurses are giving more thought to all the higher organizations of the profession. There is a growing realization among the class members that what they are now doing will serve as a foundation for the future broader work, and many of the class efforts show a conscious anticipation of such result.

Aside from these accomplishments there have been no developments, and, of course, the plan is in its infancy, but the foundation is good and results thus far have been so evident and promising that much is expected of the future. It is only a form of obedience to the command of the spirit of progress in the profession—an effort to keep abreast of the times—a means of keeping in harmony with the age in which we live. Organization, unity, co-operation, and peace must be the watchword of the hospital training school if it is to develop as a vital factor in our world of decided progress toward just such ends.

The proportions which this plan will assume in the course of the next few years cannot reasonably be predicted. Elaborations will necessarily be slow, since they are important and the cause they involve is most vital. But there is no profession which is worthier of increased power and usefulness, and since it seems that systematization is the one great impediment, it is to be hoped that all training schools will catch the inspiration and respond to this call of duty, preserving still the traditional faithfulness of their profession.—*The American Journal of Nursing.*

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Bacteriology and Surgical Technic for Nurses. By Miss Emily M. A. Stoney. Third edition, revised and enlarged by Frederic R. Griffith, M.D.; 12mo of 311 pages with 204 illustrations. Philadelphia and London: W. B. Saunders Company, 1910. Cloth, $1.50 net. Canadian agents: The J. F. Hartz Co., Ltd., Toronto.

The first part of this valuable work deals with bacteriology and antiseptics and gives the nurse just the information she wants. The second part deals thoroughly, concisely but clearly with surgical technic from every point of view. The book is well illustrated. The chapters on Operations in Private Practice, The Nurse's Duties in Preparing for an Autopsy in Private Work, Diet Recipes, and Hygiene make the book of great value to the private duty nurse. A glossary explains all difficult technical terms.

Practical Points in Nursing. By Miss Emily M. A. Stoney, Late Superintendent of Training School for Nurses, Carney Hospital, Boston, Mass. Fourth edition, revised. 12mo of 495 pages, containing 105 illustrations. Philadelphia and London: W. B. Saunders Company, 1910. Cloth, $1.75 net. Canadian agents: The J. F. Hartz Co., Ltd., Toronto.

This work, written by a nurse of wide experience, is a complete guide to the nurse in private practice. The chapter on Observation of Symptoms is most thorough, but equally valuable is the one on Accidents and Emergencies which prepares the nurse for prompt, intelligent action always. No progressive, up-to-date nurse can afford to be without these two books of Miss Stoney's.

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